



What to Bring for a Half-Day Kayak Trip

*****Starred Items available for sale at CKA Gear shop***

- **Drink, Water or sports drink (at least 16 oz)**
- **Waterbottles**
- **Hat with sun visor -**
- Sunglasses**
- **strap for glasses**
- Shoes: booties or water shoes, teva type sandals or sneakers.**
- **Sunblock: Sunscreen (SPF 15 or stronger) and lip balm**
- **SYNTHETIC QUICK DRY CLOTHES tops and bottoms (don't wear cotton!) wetsuits available for rental \$15per day**
- Fleece jacket or pullover**
- Wind jacket**
- Insect repellent**

Optional Items:

- **Paddling gloves/biking gloves**
- **Camera (waterproof containers available at CKA Shop)**
- Binoculars**
- **Dry bags (Provided)**